

# Twilight Session Outline

Our Twilight sessions weave together practical activity ideas, outdoor learning philosophies, solutions for teachers for everyday practicalities and provide an abundance of fresh inspiration around how to make the most of the outdoor space you already have.

## **By the end of the session you can expect your staff to have covered:**

- Common misconceptions about what curriculum-based outdoor learning is. How it differs from Forest Schools and Environmental Education.
- Outdoor Maths activity ideas for each phase  
Covering key areas of number, geometry and measure, all using natural resources and classroom equipment so your staff can give them a go the very next day!
- Establishing behaviour for learning outdoors.  
How to help your children differentiate between 'play time' in your outdoor space and 'learning time' - productive routines, setting boundaries and managing risk-benefit assessments amongst everyday workload
- Outdoor PSHE activities for each phase  
Focusing on emotions, social relationships, personal well-being and mental health - prepare to get a little bit muddy for these!
- Theory and studies around the benefits of outdoor learning  
An opportunity to reflect on how these benefits could impact on their own classes
- Outdoor English activities for each phase  
Introducing class texts, understanding plot and using language effectively for imagery. We will show you how to use your outdoor space to hook children's interest into your focus fiction texts!

Your staff will also be given plenty of opportunities to address the challenges presented by your individual outdoor space. The session aims to empower them to ask questions, address concerns and perhaps even reflect on their own resistance towards outdoor learning.

We aim to leave your whole team feeling inspired to step outside their classroom doors and take everyday lessons outside!

